# HERO'S HANDBOOK

Dekalb County-September 13, 2023



# WHO ARE WE?

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**United Military Care**, established in 2012, is a nonprofit that serves Georgia Veterans.

In 2022, United Military Care created a two-day event bringing all available benefits and programs for veterans to one location. The goal was to provide a convenient atmosphere for Veterans of any age or situation to receive the help they needed. Over 3,000+ Veterans received one-on-one professional care with VA benefits, enrollment, claims, mental and physical health needs, legal assistance, and financial wellness. Due to the event's success and positive comments from the Veterans and their families who participated, United Military Care has scheduled three Fairs in 2023.

The **We CARE Veterans Fair** is a collaboration of multiple nonprofit and government agencies currently serving veterans and their families. Veterans of all ages, backgrounds, military histories, and branches of service are welcome at our events.

In addition to the professionals on-site helping Veterans at the Fairs, we wanted to give you a helpful booklet to refer to services you may need in the future.

The Hero's Handbook includes those organizations serving Veterans in your local area.

While we hope this answers many of your questions, should you need additional information, please get in touch with us at United Military Care; Veterans are our mission.

On behalf of the entire team at United Military Care, thank you for your military service.

United Military Care (770) 973-0014 email info@unitedmilitarycare.org online www.unitedmilitarycare.org

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# Aging Safely

#### First Light Home Care

- · Free in home care for eligible veterans
- VA home-maker/home aide benefits
- Aid & Attendance with VA

firstlighthomecare.org 404-333-8282

#### Caption Call by Sorenson

- Better Hearing Health
- Phones Caption Voice on Screen
- · Contact Storage for easier Dialing

captioncall.com 678-476-5682

#### Georgia Funeral Care

- Affordable, ethical funeral options
- Military Funerals & Cremations
- · Veterans Burial Benefits

georgiafuneralcare.com 678-574-3016

#### Griswold Home Care

- · Assist with VA qualified home services
- Qualify & assist with VA & Aid and Attendance
- · Paid service through VA Community Care Network

griswoldhomecare.com 877-268-3277

#### Homewatch Caregivers of East Cobb

- In-home visits and assistance with chores and services
- Post-surgical, dementia, and Parkinson's care
- VA reimbursement assistance

homewatchcaregivers.com/east-cobb 404-812-5527

#### JenCare Senior Medical Center

- VIP healthcare for seniors and veterans
- Transportation, Pharmacy, & Special Events
- · Assist with state and federal benefits

jencaremed.com 855-845-9333

## Traditions Home Health & Hospice

- Hospice and Palliative Care
- We Honor Veterans
- · Education & Benefits

traditionshealth.com 470-292-3426















# Aging Safely

#### Georgia Library Service For the Blind and Print Disabled

- Free talking books
- Free equipment

800-248-6701 gls@georgialibraries.org



#### Charitable Care Network

- Hearing Services with Co-Pays
- · Assistive Health Clinics
- Hearing Loss

charitablecarenetwork.org 888-551-1231



#### Beyond The Follicle Hair Restoration

- Certified Trichologist hair and scalp treatments
- Developed methodology to restore hair
- Training/certification for hair care professional

Beurena Johnson 762-994-1496



#### fodac

- Friends of Disabled Adults & Children
- · Collects gently used medical equipment, refurbished and provides at little or no cost
- · Repairs for veterans

770-491-9014 fodac.org



# **Employment & Education**

#### American Legion Dept. of Georgia

- Employment workshops
- GI Bill information
- Scholarships

Contact Sam Perry samuel.l.perry@icloud.com

#### Goodwill of North Georgia

- Enroll community resources (SNAP, WIC, TANF, Medicaid
- Employment and Soft Skills training and placement
- Digital Literacy





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# **Employment & Education**

#### Home Depot

- · Path to Pro for Veterans
- Build Work Portfolio
- Train Under Industry Experts

careers@homedepot.com

#### Georgia Piedmont Technical College

- Training and Education
- Auto, Health Science, IT, HVAC, Welding & Electrical
- GI Bill Assistance

gptc.edu 404-297-9522

#### Fed Ex

- Purple Pathways for career progression
- FedEx Veterans Network Groups
- Tuition-free education opportunities

Sakata Giles sakata.giles@fedex.com 678-945-2973

#### Federal Bureau of Prisons

• Career & Volunteer Opportunities

bop.gov 866-307-1045

#### **DeKalb County School District**

- · Recruiting, retaining highly qualified staff
- Value talent, drive, and commitment
- Support the growth & development of our students

dekalbschoolsga.org 678-676-0359

#### **KBR**

- · Continuously hires Skill Bridge talent for our positions
- Our R & S recruiting team has two dedicated military hiring specialists
- Work with TAP offices and Hire Heroes across USA

careers.kbr.com/us/en/home 713-753-4483

#### AARP-Senior Community Employment Program

- We assist individuals 55 or older who are unemployed with work-based training.
- AARP SCSEP is a bridge to find employment outside of the program.
- Must financially qualify.

aarpfdnscsep.org

678-919-8283

#### Atlanta Center for Self-Sufficiency

- Employment assistance and Job certifications
- · Case management
- Clothing Closet & Food Pantry

atlantacss.org 404-874-8001

















#### Financial Wellness

#### Vetted VA - VA Home Loans

- Free credit review and analysis
- Free review of home loan documents
- Free home loan tool kit

vettedva.com/georgia-loan-officer-realtors/#Loan-Officer 903-364-8580

#### Stars & Stripes Financial Advisors

- Quality financial planning and advice
- A fiduciary who's got your six

Phillip Hulme 813-418-2814







#### Navy Federal Credit Union

- Dedicated VA Mortgage Loans & Servicing
- Financial Education Guidance & Presentations
- Early Pay for Active Duty Members with Direct Deposit
- Free Active Duty Checking Accounts & Discounts

navyfederal.org 888-842-6328

# Homeless & Housing

#### Genesis Joy House

- Temporary Housing for Female Veterans
- Improve Quality of Life
- Teach Self-Sufficiency Skills

genesisjoyhouse.com 478-236-2207

## Kindred Barber & Beauty Academy

- Supervised Student Services
- Call for an appointment

loisreece.org/ 678-977-8180

#### Catholic Charities Atlanta

- Past due rent
- · Security deposit & first month rent
- Mortgage
- Utilities (gas, electric, water)

http://catholiccharitiesatlanta.org/ 678-426-5804

#### United Military Care, Inc.

- Developer & Producer of We CARE Veteran Fairs
- Homeless Veteran backpacks for First Reponders
- Georgia Community Veteran Engagement Board with VA

unitedmilitarycare.org 770-973-0014









#### The Warrior Alliance

- Total Care Network of Services & Support
- Civil law legal assistance through the Veterans Legal Services Network
- · Activities and Engagement for the Local Veteran Community

thewarrioralliance.org 404-210-1776



# **Did You Know?**

There is a Veterans Memorial Museum in L'Ville?

Gwinnett Veterans Memorial Museum
Located in the Historic Gwinnett Courthouse
185 Crogan Street, 1st Floor
Lawrenceville
678-457-9542



# Local Groups & Organizations

#### American Legion Post 66

- · Veteran Resources (Food, Clothing, Shelter)
- · Fellowship with other Veterans
- Veterans Serving Veterans

post66.org 404-292-2352

#### Disabled American Veterans - DAV 91

- Free professional assistance to obtain benefits
- · Extending hope in communities
- · Opportunities for Veterans to serve

dav.org/find-your-local-office/ 404-929-5956

#### Georgia Military Women

- · Social networking for female veterans
- · Conferences, meetups and retreats
- Referrals to veteran resources and benefits

facebook.com/georgiamilitarywomen/

#### Travis Manion Foundation

- Empower active duty troops, veterans and families
- · Bring military community together
- Mentorship and Service

travismanion.org 215-348-9080

#### VFW-Veterans of Foreign Wars Post 4706

- · Camaraderie with other Veterans
- · Connections to assist Veteran Challenges
- Voice on Capital Hill

vfw4706.org 770-987-1426

# LEGION









#### **AVVBA**

• Vietnam Veterans assisting other Veterans

avvba.org 678-685-1475



# Mental & Physical Wellness

#### **Emory Health Care Veterans Program**

- · 2 Week intensive outpatient PTSD program
- Telehealth & In-person stress management
- Medication Management

emoryhealthcare.org/veterans 888-407-2307 or 888-514-5345

#### SHARE Military Initiative

- Individual treatment for veterans with traumatic brain injuries
- Care for U.S. Service Members and First Responders with Brain Injury and Related Physical and Psychological Health Concerns

shepherd.org/patient-programs/share-military-initiative 404-603-4314

#### Behavioral Health Connections Georgia

- Provides references for a full spectrum of behavioral health services
- Network of specialty programs for veterans in Atlanta

behavioralhealthgeorgia.com 770-343-3242

#### Longbranch Recovery

- VA Community Care Network Provider
- Detox, residential care 60-90 days, transportation
- · Sober monitoring, counseling, life skills support

longbranchrecovery.com 833-440-1225 Helpline 504-635-3535









#### Veteran Benefits

#### Georgia Department of Driver Services

- Veteran Drivers License
- Veteran ID Card

dds.georgia.gov

#### Georgia Department Veteran Services

- Receive assistance on PACT Act, VA Claims & Appeals
- Connect with Community Resources via Unite GA
- Suicide Prevention, Cemeteries, War Veteran Homes

404-656-2300 veterans.georgia.gov

#### Social Security Administration

- Replace Social Security Cards
- Assistance with Retirement, Disability, SSI
- Benefit Verification Letters ssa.gov

#### VA - Health Issues

- Educate & Enroll VA Health Care
- Prescription & Specialist Information
- · Educate and Promote Healthy Living va.gov/atlanta-health-care/

#### VA- Benefits & Claims

- PACT Act
- · Claims Status, Processing, and Filing
- Veteran Benefits benefits.va.gov/Atlanta/

#### Georgia War Veterans Home-Pruitt Health

- Veteran Requirement Education
- · High Quality, Safe environment
- Memory Support Unit

veterans.georgia.gov/state-war-veterans-homes

478-445-6000

- Enroll in SECURE ID









U.S. Department of Veterans Affairs





U.S. Department of Veterans Affairs



#### Georgia Military Family Support Assistance Branch

- Provide vital support to our Soldiers and their Families
- Serve as a hub of information and communication
- connecting our Service Members and their Families with local and state resources.

https://www.georgiaguardyouthprogram.com/sfrs.html



#### **Did You Know?**

#### The Veterans Administration (VA) is divided into 3 Main Branches:

**Veterans Health Administration:** Anything related directly to your physical or mental health, disability treatment (not payment), illness, and/or recovery by medical personnel.

**Veterans Benefits Administration:** Includes claims for disability (not actual medical treatment), applications for programs offered by the VA such as Aid & Attendance, Vehicle Modification due to disability, Education, and Training. Benefits do not involve a physical examination or doctors' appointments.

**National Cemetery Administration:** Concerning burial or cremation in a military cemetery, benefits and/or payments towards costs.

Things to keep in mind when trying to navigate any or all of the VA's main branches listed above:

- 1. Each branch has its own budget and structure.
- 2. The branches don't necessarily update each other. For example, Changing your address with one doesn't mean each branch will show the update.
- 3. Think of the three branches like three different military services, Army, Air Force and Marine Corps. Each work independently but towards the same goal in protecting America.
- 4. Have your act together when you call or email. Think of the questions you wish to ask, have your calendar at hand along with any other important papers or records.

#### Did You Know? - Helpful Links For More Information

Hearing Aids: https://www.prosthetics.va.gov/psas/Hearing\_Aids.asp

Vision Care: https://www.va.gov/health-care/about-va-health-benefits/vision-care/

Dental Care: https://www.va.gov/health-care/about-va-health-benefits/dental-care/

GI Bill: https://www.va.gov/education/about-gi-bill-benefits/

Veteran Readiness: https://www.va.gov/careers-employment/vocational-rehabilitation/

VA Pension: https://www.va.gov/pension/

Avoid Scams: https://www.fcc.gov/veterans-targeted-benefits-scams

Report Veteran Fraud: https://www.fcc.gov/veterans-targeted-benefits-scams

# Welcome Home!

#### Did You Know? - Request DD214, Military Records

#### You can request your military records four ways:

- Online through <a href="https://milconnect.dmdc.osd.mil/milconnect/">https://milconnect.dmdc.osd.mil/milconnect/</a>. If you still need to be signed up with milconnect, see New User registration in the top right corner.
- 2. **Mail or Fax Form** Request Pertaining to Military Records (Standard Form SF 180) to the National Personnel Records Center (NPRC). Download Form 180 here https://www.va.gov/find-forms/about-form-sf180/
- 3. Write a letter to the NPRC, 1 Archives Drive, St. Louis, Missouri 63138
- 4. Contact Georgia Department Veterans Service by calling (404) 656-5940 or visiting your local office. See a map of all GDVS locations at https://veterans.georgia.gov/locations/veterans-field-service-office-near-you

\*If you are not the Veteran and would like to request records, visit https://www.va.gov/records/get-military-service-records/#youll-need-to-sign-in-to-milco and scroll down for options.

# Did You Know? - Plan a Burial or Cremation for Veteran at Federal or State Cemetery

Call our **National Cemetery** Scheduling Office at 800-535-1117. We can help you get the Veteran's DD214 or other discharge documents you may need. Get more information about planning a burial <a href="https://www.va.gov/burials-memorials/schedule-a-burial/">https://www.va.gov/burials-memorials/schedule-a-burial/</a>

If you have a pre-need decision letter that confirms eligibility To start, you or the funeral director can call the National Cemetery Scheduling Office at 800-535-1117 (TTY: 711) to request a burial. We're here Monday through Friday, 8:00 a.m. to 7:30 p.m. ET, and Saturday, 9:00 a.m. to 5:30 p.m. ET.

Keep in mind that the pre-need decision letter doesn't identify a specific cemetery or gravesite, since it's not possible to reserve these in advance. In some cases, we may review your eligibility again at your time of death, as laws and circumstances may have changed since your pre-need application.

The **GDVS maintains two veterans' memorial cemeteries**. These two locations provide final resting places for Georgia's veterans and serve as shrines to their memory and their service to our nation. Georgia Veterans Memorial Cemetery at Glennville and the Georgia Veterans Memorial Cemetery at Milledgeville. Visit <a href="https://veterans.georgia.gov/services/memorial-cemeteries/requirements-burial-for-more-information-or-call">https://veterans.georgia.gov/services/memorial-cemeteries/requirements-burial-for-more-information-or-call</a> (404) 656-5940

#### Did You Know? - Request a Digital Veteran ID Card (Not Medical Related)

A Veteran ID Card (VIC) is a digital form of photo ID you can use to get discounts offered to Veterans at many restaurants, hotels, stores, and other businesses. To find out if you're eligible for a Veteran ID Card—and how to apply, go to <a href="https://www.va.gov/records/get-veteran-id-cards/vic/">https://www.va.gov/records/get-veteran-id-cards/vic/</a>

# Be counted. It Matters!

#### Did You Know? - Replace Military Medals and Ribbons

For the **Veteran**: in general, the military services will work replacement medal requests for the veteran at no cost. This includes family members with the signed authorization of the veteran.

For the **Next-of-Kin**: the process (and cost) for replacement medals requests differs among the service branches and is dependent upon who is requesting the medal, particularly if the request involves an archival record.

For the **General Public**: if the service member separated from military service 62 (or more) years ago, the public may purchase a copy of the veteran's Official Military Personnel File (OMPF) to determine the awards due and obtain the medals from a commercial source. If the service member separated less than 62 years ago, the public may request such information from the OMPF via the Freedom of Information Act (see Access to OMPFs by the General Public).

Visit <a href="https://www.archives.gov/veterans/replace-medals">https://www.archives.gov/veterans/replace-medals</a> for more information and forms.

#### Did You Know? - VA Home Loans

The VA offers VA home loan programs to help you buy, build, or improve a home or refinance your current home loan—including a VA direct loan and 3 VA-backed loans. Learn more about the different programs, and find out if you can get a Certificate of Eligibility for a loan that meets your needs. Visit <a href="https://www.va.gov/housing-assistance/home-loans/loan-types/">https://www.va.gov/housing-assistance/home-loans/loan-types/</a> To request a COE/Certificate of Eligibility visit <a href="https://www.va.gov/housing-assistance/home-loans/how-to-request-coe/">https://www.va.gov/housing-assistance/home-loans/how-to-request-coe/</a>

#### Did You Know? - Modify Home for Disability

If you need to change or upgrade your home due to a disability, visit <a href="https://www.va.gov/housing-assistance/disability-housing-grants/how-to-apply/">https://www.va.gov/housing-assistance/disability-housing-grants/how-to-apply/</a> to learn about grants to help pay for the construction and modification.

#### Did You Know? - VA Offers Life Insurance

VA life insurance can offer financial security for Veterans, service members, and their spouses and dependent children. Explore your options, manage your policy, and file claims to get the insurance benefits you've earned. Visit <a href="https://www.va.gov/life-insurance/">https://www.va.gov/life-insurance/</a> to learn more and apply.

#### Did You Know? - Automobile Allowance Disabled Veterans

Do you have a disability related to your military service that prevents you from driving? If you do, you may be able to get disability compensation or benefits. Visit <a href="https://www.va.gov/disability/eligibility/special-claims/automobile-allowance-adaptive-equipment/">https://www.va.gov/disability/eligibility/special-claims/automobile-allowance-adaptive-equipment/</a> to learn more.

# **WE CARE FAIR SUPPORTERS**













